

## Goals Inventory

Please respond to the questions below by indicating how true or false each statement is about you. If a statement is always true, for example, write the number 5 in the blank provided to the left of the statement.

1	2	3	4	5
Always False	Usually False	Sometimes True	Usually True	Always True

- \_\_\_\_\_ 1. I enjoy challenging school assignments.
- \_\_\_\_\_ 2. It is important for me to get better grades than my classmates.
- \_\_\_\_\_ 3. I persevere even when I am frustrated by a task.
- \_\_\_\_\_ 4. Academic success is largely due to effort.
- \_\_\_\_\_ 5. Sticking with a challenging task is rewarding.
- \_\_\_\_\_ 6. I try even harder after I fail at something.
- \_\_\_\_\_ 7. I adapt well to challenging circumstances.
- \_\_\_\_\_ 8. I am willing to cheat to get a good grade.
- \_\_\_\_\_ 9. I work hard even when I don't like a class.
- \_\_\_\_\_ 10. I am very determined to reach my goals.
- \_\_\_\_\_ 11. Personal mastery of a subject is important to me.
- \_\_\_\_\_ 12. I work very hard to improve myself.
- \_\_\_\_\_ 13. I like others to think I know a lot.
- \_\_\_\_\_ 14. It bothers me the whole day when I make a big mistake.
- \_\_\_\_\_ 15. I feel angry when I do not do as well as others.
- \_\_\_\_\_ 16. I am naturally motivated to learn.
- \_\_\_\_\_ 17. I prefer challenging tasks even if I don't do as well at them.
- \_\_\_\_\_ 18. I feel most satisfied when I work hard to achieve something.

Roedel, T. D., Schraw, G., & Plake, B. S. (1994). Validation of a measure of learning and performance goal orientations. *Educational and Psychological Measurement*, 54, 1013-1021.